

Athlete Development Model – CCA

Stage of Development	Participation (Stage I)	Training (Stage II)	Performance (Stage III)
Goals:	<ol style="list-style-type: none"> 1. Encourage 2. Reward 3. Recruit 4. Educate 	<ol style="list-style-type: none"> 1. Introduce Performance 2. Reward 3. Retain/Recruit 4. Educate 5. Talent Identification 	<ol style="list-style-type: none"> 1. National Standards 2. Commitment to Community 3. Retain/Reward 4. Prepare/Educate AST for NST
Club Role:	<ul style="list-style-type: none"> • Recruitment • Basic skill development • Fun • Exposure & encouragement to racing events 	<ul style="list-style-type: none"> • Event management: host appropriate races • Advance skills through coaching development • Support provincial racing calendar 	<ul style="list-style-type: none"> • Support western regional racing • Leadership training for athletes • Training group support: race & trip logistics;
CCA Role:	<ul style="list-style-type: none"> • Reward participation • Core Events (Alberta Cup Series) • Train Leaders • Education of core supporting club skills. 	<ul style="list-style-type: none"> • Reward benchmarks • Talent Identification • Move towards Skill Perfection • Introduce extra regional events with supporting coaching opportunities. 	<ul style="list-style-type: none"> • Reward national competitiveness • Path finding advanced Technical Assistance • Provide exposure to NST through camps & trips • Support national competitions
Team or Squad Application	POD Squad	Alberta Development Team	Alberta Ski Team & Canada Winter Games Team