

2018 Alberta Youth Cross Country Ski Championships Bragg Creek, AB



Date of event: Mar 2-4, 2018

Host Club: XC Bragg Creek

Co-Event Chiefs: Roy Strum & Erik Anderson, XC Bragg Creek

Assistant Chief: Ann Sullivan, XC Bragg Creek

Registration: <https://zone4.ca/register.asp?id=17077&lan=1&cartlevel=1>

Trails: West Bragg Creek Ski Trails, Kananaskis Country

Background

Alberta Youth Championships (AYC) is a provincial-level event aimed at a four-year age grouping referred to in Alberta as Mini-midgets and Midgets (2004-2007 birth years). This event is the club championship event for this age group in Alberta. The 2018 AYC will incorporate several features:

- Accommodation and food services included in registration cost
- Three events (individual freestyle; wave start classic; fun team relays (bring your costumes); single-year age categories; coach relays)
- Awards to 10th place in each competition category

Event structure

This comprehensive event proposal includes race events, awards, accommodations, waxing facilities, special events, and food services.

Events

Friday, March 2nd, 2018

- 6:30 pm – move in to Easter Seals Camp Horizon (Hwy 66), Bragg Creek, AB – Note change of location this year.
- 8:00 pm – Team welcomes and introductions, snack and athlete social
- 8:30 pm – Team Captains/Coaches meeting; race bibs, start lists, course maps

Saturday, March 3rd, 2018

- 6:30-7:30 am – breakfast at Easter Seals Camp Horizon, pack bagged lunches

- 8:15am -departure for West Bragg Creek Ski Trails – athletes, chaperones and coaches provide their own transportation. Carpooling is necessary due to limited parking spaces allotted for this event in West Bragg Creek Trails parking lot.
- 8:45-9:00 am – arrival at West Bragg Creek Ski Trails
- 10:00 am – Individual start skate race, AYC categories
- 1:30 pm – fun team relays (with costume)
- 2:45 pm – end of competition, return to Easter Seals Camp Horizon
- 4:30 pm – coaches meeting
- 5:45pm – AYC banquet at Camp Horizon; meal, awards
- 8:00 pm – movie night, outdoor fire with music, coaches social
- 9:30pm – end of program

Sunday, March 4th, 2018

- 6:30-7:30 am – breakfast at Easter Seals Camp Horizon
- 8:00 am – move out of camp
- 8:30 am – departure for West Bragg Creek Ski Trails
- 8:45-9:00 am – arrival at West Bragg Creek Ski Trails
- 9:30 am – seeded wave classic (groups of 6 athletes; 30-second intervals – based on Saturday's results)
- 12:00 pm –individual awards
- 1:00 pm departure from West Bragg Creek for home

Event details

Event Categories – Alberta Youth Championships

| Date | Competition Category | Year of Birth | Distance | Technique |
|----------------------------------|---|--|----------|--|
| Sat., March 3rd, 2018 – 10:00 am | Midget | 2004-2005 | 3km | skate (free)-interval |
| Sat., March 3rd, 2018 | Mini-midget | 2006-2007 | 2km | Skate (free)-interval |
| Sat., March 3rd 2018– 1:30 pm | 4 x 1 km relay – official teams | at least two boys and two girls; at least two mini-midgets | 1km | leg 1 and 2 - classic leg 3 and 4 - skate |
| Sat., March 3rd, 2017 | 4 x 1 km relay – unofficial teams | Any combination | 1km | leg 1 and 2 classic leg 3 and 4 skate |
| Sat., March 3rd, 2017 | Coach club relay - 3 coaches/chaperones | Club coaches and parents | 1 | leg 1 classic leg 2 and 3 skate |
| Sun., March 4th, 2017– 930am | Midget | 2004-2005 | 5km | Classic wave start |
| Sun., March 4th, 2017– 1110am | Mini-midgets | 2006-2007 | 2.5km | Classic wave start |

Awards

Medals to 10th place in each competition category

Club aggregate banner – awarded to the team with the most points based on the following table. Points will be calculated only for individual and official relay events. Only the top 10 skiers from each club will accrue points toward the aggregate banner.

- Awarded according to the following criteria

| | | | | | | | |
|-----------------|--------|-----------------|--------|-----------------|--------|-----------------|--------|
| Finish position | Points | Finish position | Points | Finish position | Points | Finish position | Points |
|-----------------|--------|-----------------|--------|-----------------|--------|-----------------|--------|

| | | | | | | | |
|------------------------------|-----|------------------|----|------------------|----|------------------|----|
| 1 st | 100 | 2 nd | 80 | 3 rd | 70 | 4 th | 60 |
| 5 th | 50 | 6 th | 40 | 7 th | 30 | 8 th | 25 |
| 9 th | 20 | 10 th | 15 | 11 th | 14 | 12 th | 13 |
| 13 th | 12 | 14 th | 11 | 15 th | 10 | 16 th | 9 |
| 17 th | 8 | 18 th | 7 | 19 th | 6 | 20 th | 5 |
| 21 st and greater | 1 | | | | | | |

Trail grooming – Greater Bragg Creek Trails Association

Event site details – West Bragg Creek Ski Trails are located entirely within Kananaskis Country, 8 km west of the Hamlet of Bragg Creek, AB. Base elevation of trails is 1450m; high point on Stairway to Heaven race course is 1480 m. Average snowfall – 50-100 cm. Average ski season – beginning December to mid-March. The trails are the closest Kananaskis Country trails to Calgary and are heavily used by locals and recreational skiers from the greater Calgary area. It is the only greater Calgary area ski area that permits dogs on the ski trails. The trails were designed in the early 1980s by Don Gardner primarily as race trails and are the same vintage as Peter Loughheed and Ribbon Creek trail systems. Course maps will be posted on www.xcbraggcreek.ca

Accommodation

Registration in the AYC includes accommodation at Easter Seals Camp Horizon, located southwest of Bragg Creek on Highway 66. The event committee is aiming to create a social experience in addition to a ski experience. We would like all athletes regardless of their place of residence to stay at the camp. The facility includes bunk beds in dorm rooms. Everyone staying at Easter Seals Camp Horizon will need to bring their own sleeping bag, pillow, towel and toiletries. Building on the successful model from Alberta Winter Games, chaperones, athletes and coaches will all be accommodated at Easter Seals Camp Horizon. The camp has 180 beds on site and has been reserved for AYC for March 2-4, 2018.

<http://easterseals.ab.ca/CampSite/EasterSealsCampHorizon.aspx>

Parents and younger or older siblings will be required to find their own accommodation.

(Cochrane is located 42 km north of Easter Seals Camp Horizon)

http://www.super8.com/Super8/control/Booking/property_info?propertyId=12839&cid=IP_PP_C_GGL_TM

Waxing space

There will be an indoor waxing room with electricity and heat at Camp Horizon. No electricity or waxing building is available at West Bragg Creek Ski Trails. Clubs are encouraged to bring their own tent or shelter if desired to use at West Bragg Creek Ski Trails.

Food Services

Food services will be included in the AYC registration cost. Food services are being provided by Easter Seals Camp Horizon. The following meals will be included in the event registration:

A snack of fruit will be provided on Friday evening.

Breakfast – Saturday on-site at Camp Horizon

Lunch – Saturday -- bag lunch

Supper – Saturday at Camp Horizon

Breakfast – Sunday on-site at Camp Horizon

Any other food (trail snacks, Gatorade, etc.) required by teams will need to be supplied by individual teams. There is an add-on pickup bagged lunch in Bragg Creek available on Sunday at an extra cost if you pre-order on the registration.

Average early March air temperature in Bragg Creek – average daytime high of +2; average overnight low of -8.

Registration and Event Fees

Registration – www.zone4.ca

- \$195 – all categories
- \$145 – sibling price (if more than 1 child from the same immediate family is being registered for this weekend event)

AYC - \$95 – coaches, parents, chaperones

Registration closing date of Monday Feb 26th, midnight MST

Contact Information:

Erik Anderson, Co Chief of Event, 403-830-4835, erik.anderson@safari.ca

Roy Strum, Co Chief of Event, 403-862-1042, roystrum@gmail.com

Event Sponsors:

Lifesport Calgary

The Norseman Calgary