

## **Co-delivery Feedback Form**

**Instructions:** Thank you for deciding to co-deliver with a more experienced Coach Developer (CD). Such co-delivery is important to the ongoing growth of our coaches and programs. We want to continually improve our processes. Please take a few minutes to provide feedback to the MCD on your co-delivery experience. If you filled in the electronic version of the form, save the file as **Co-delivery Feedback Form (your name here).pdf**.

MCD Candidate's Name:		Co-delivering C <u>D:</u>
Sport:		Date:
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Outcome: Supports Participants during Co-delivery		
Criteria	Check One	Evidence
Prebrief Meeting		☐ The MCD prebriefed me before we co-delivered and let me express my feelings/concerns about my goals and my plan
		☐ The MCD prebriefed me before we co-delivered to define roles and tasks during the co-delivery and let me choose the pieces I was most comfortable with
		☐ The MCD did not meet with me before co-delivering with me
Intervention during Co- delivery		☐ The MCD provided opportunities for guided discovery, allowing me to learn through experience and from feedback, gave me feedback at appropriate times during co-delivery, and encouraged me to ask questions at appropriate times during co-delivery
		☐ The MCD respected the roles and responsibilities established in the prebrief and gave me feedback at appropriate times during codelivery
		☐ The MCD intervened often or at inappropriate times during codelivery or failed to intervene when it was required
Reflective Conversation		☐ The MCD asked leading questions to get me to reflect on my performance and identify areas that needed improvement, gave me feedback, and encouraged me to ask questions during co-delivery
		☐ The MCD asked leading questions to get me to identify areas that needed improvement and worked with me to develop an Action Plan to enhance my skills
		☐ The MCD told me what I needed to do to improve and gave me an

Action Plan to follow

**Comments:**