



Canada Winter Games – Team Alberta Red Deer, AB. February 23 to March 3, 2019

Canada Winter Games Selection Criteria 2019

Cross Country Alberta will be sending a Canada Winter Games (CWG) team to Red Deer, AB. February 23 to March 3, 2019.

The Canada Winter Games Team will consist of 5 male and 5 female able bodied Canada Winter Games eligible athletes which can be comprised of 4 female and 4 male athletes born in 1999 or later and 1 female and 1 male born in 1996, 1997 or 1998; or 5 female and 5 male athletes born in 1999 or later. 2 male and 2 female Para Nordic athletes born in 1984 or later for a total of 14 athletes.

*The intent is to send the strongest Canada Winter Games team possible. One alternate male and one alternate female will be nominated with the consideration to the age restrictions. In the case of a declined position for both the Able Bodied and Para Nordic teams, the spot will be offered to the alternate athlete.

**If the alternate named is a U23 but a U20 athlete declines their invitation then the next ranked U20 athlete would be offered the position.

Staff:

- Lead Coaches: Eric Groenveld & Allison McArdle
- Para-Nordic Coach: Anneke Winegarden
- Wax Technician: Matthew DeCarufel
- Team Manager: Ulf Kleppe

Eligibility: Able Bodied

- 2019 Canada Winter Games Eligible (born 1996 or later)
- Alberta Residency, or out of province university students attending Alberta Schools, or Alberta residents attending out of province schools.
- All competitors must hold a current and valid Cross Country Canada (CCC) racing license.
- Competitor Eligibility 4.2 and Appendix 1 of CWG technical package.

Eligibility: Para Nordic

- 2019 Canada Winter Games Eligible (born 1984 or later)
- Alberta Residency, or out of province university students attending Alberta Schools, or Alberta residents attending out of province schools.
- All competitors must hold a current and valid CCC racing license.
- Competitor Eligibility 4.2 and Appendix 1 of CWG technical package.

* In keeping with the objective of targeting athletes within the Training to Compete (TTC) level of LTAD, age exceptions may be provided to the Para Nordic athletes born prior to 1984 whose athlete development level is consistent with the TTC. The Canada Games Council (CGC), and Cross Country Canada (CCC), recognizes that an age dependent criterion may not adequately reflect the entry of the athlete into Para Nordic skiing due to the late onset of disabilities through injury or medical condition. CCC's Para Nordic Committee in cooperation with the CGC will consider these special cases up to December 1, 2018. A Province/Territory may only receive 1 age exemption per gender for the 2019 CWG and only if there are no other available athletes who meet the age category. Athletes selected through the reallocation policy must meet the age category, no exemptions will be granted.

- Selections are administered by the Canada Winter Games Selection Committee.
- Appeals regarding selection may be made as per CCA Policy 4.4.3.3.

Selection Events:

- **The following selection races will be used: Able Bodied**
 - AB Cup #1 – Canmore, November 24, 2018 – Skate Individual Start
 - AB Cup #2 – Canmore, November 25, 2018 – Classic distance format TBD
 - NorAm #1 – Sovereign Lake, December 8, 2018 – Sprint Freestyle **qualification race only**
 - NorAm #2 – Sovereign Lake, December 9, 2018 – Classic distance Mass Start
All athletes in the Junior Boy/Girl category wanting to be selected for the CWG will need to enter the Junior Men/Women category for the selection races.
- **The following selection races will be used: Para Nordic**
 - AB Cup #1 – Canmore, November 24, 2018
 - AB Cup #2 – Canmore, November 25, 2018

^^Athletes born 1999 or later wishing to be considered for selection to the CWG will be required to race in the Junior Women/Men category for ALL selection races.

Selection Criteria: Able-bodied

Athletes will be selected based on ranking of age eligible (U23) competitors at the qualification events specified. The ranking lists will be determined using Alberta CWG eligible athletes only:

1. Athletes who qualify for the World Junior/U23 World Championships will be automatically selected to Team Alberta.

2. The top ranked female athlete and male athlete in the sprint qualifier will be selected
3. The top ranked female athlete and male athlete in distance using the best 2 out of 3 distance results to generate distance rankings will be selected.
4. Additional athletes will be selected using the overall ranking list combining 2 best distance results and sprint qualifier result in descending order, including the alternate positions.

U23 Tie breaker: if more than 1 U23 athlete is selected by using the above criteria the following will be used to break the tie:

- a) Using the combined points of the athletes 2 best distance races and sprint points
- b) If method a) does not break the tie then finish place in each of the selection events will be used.
- c) If methods a) and b) do not break the tie the combined CPL points of the athletes 2 best distance races and sprint race will be used.

***Athletes selected to the World Junior & U23 team need to declare their intent to race for Team Alberta at CWG by Wednesday 19th December.**

Tie breaker: in the event of a tie for selection of the remaining positions the following will be used to break the tie:

- a) Finish place in each of the selection events will be used.
- b) If methods a) and b) do not break the tie the combined CPL points of the athletes 2 best distance races and sprint race will be used.

Selection Criteria: Para Nordic

1. 2 males and 2 females who meet the Alberta Canada Winter Games eligibility criteria will be selected.
2. The top female/male standing and top female/male sitting will be selected based on total points from the two selection events.
3. A ranking list will be established from the competitions at the selection events using the finish order with the winner being giving 60 points.
 - 2.1 An athlete's sum points total will be used to establish the ranking list
 - 2.2 In the event of a tie percentage time behind the winner will be used to break the tie

Force Majeure

A "Force Majeure" may be considered where an athlete meets an unexpected event beyond the reasonable control of the athlete that crucially affects the athlete's ability to compete to their full potential (e.g. illness, injury, equipment breakage). A force majeure will only be considered where performance measures in the current competitive season demonstrate a top ranking position. Proper documentation can be put forward as rationale for not having competed in or



completed a selection race(s) and should be emailed to cca@xcountryab.net within 24 hours of the race completion for which the force majeure event occurred.

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- Appeals regarding selection may be made as per CCA Policy 4.4.3.3

Points allocation:

1st place	60	11th place	29
2nd	54	12	28
3rd	48	13	27
4th	43	14	26
5th	40	15	25
6th	38	16	24
7th	36	17	23
8th	34	18	22
9th	32	19	21
10th	30	20	20

**The Canada Winter Games Selection Committee will consist of a minimum of three members of the Cross Country Alberta Technical Committee (Events and Scheduling, Youth and Athlete Development, Development Director and Provincial Team Coach, and Alberta Ski Team Director). If for any reason a minimum of three members of the Technical Committee can't sit on the Canada Winter Games Selection Committee, the Chairperson of Cross Country Alberta or the CCA Board will designate an alternative member of the CCA Board to be on the Canada Winter Games' Selection Committee.

Due to the fact that the Canada Winter Games selections must be submitted to the Alberta Sport Connection by January 2, 2019, if any of the selection races are cancelled or postponed races at the NorAm in Whistler will be used as selection races:



- If one or more events is cancelled due to weather or conditions then the race reflecting that format at the NorAm in Whistler, December 14-16, 2018 will be used as that CWG selection event.

The distance and discipline of the Canada Winter Games selection races are according to the Canada Winter Games Technical Package (Section 5 – Competition, pg. 15).

- The freestyle individual event will be up to 10 km (3.3km x 3) for the male and 7.5 km (2.5km x 3) for the female athletes.
- The classic technique mass start will be up to 15 km for the male and 10 km for the female athletes.
- The freestyle sprint event will be up to 1,200-1,600 meters for both male and female athletes. Top 30 to quarter final heats
- The classic relay event will consist of 2 males and 2 females, alternating, over the 4 x 5 km legs. All athletes will ski classic technique.
- The Para Nordic distances will be between 2.5 interval start and 5 km interval start for both female and male distance events.
- The sprint event for Para Nordic will be 600 to 800 meters for both female and male athletes.

Expectations of selected athletes:

- It is expected that all athletes selected to the CWG team for Alberta will attend a mandatory staging event in Red Deer, January 19 – 20 2019.
- Athletes selected for the team are expected to attend the CWG from Saturday February 23, 2019 to Sunday March 3, 2019. No athlete will be able to join the team part way through or leave early.
- It is expected that athletes compete in all events they are nominated in. Relay team selection will be made during the event, with each Province/Territory allowed to enter up to two teams of 4.

Team Alberta Canada Winter Games team will be determined by Friday 21st December